

# WELCOME



## TO YOUR MEDICAL AND SECURITY ASSISTANCE SERVICE

### PROTECTING YOU IS OUR PRIORITY

Your subscription gives you access to 24/7 worldwide health, security, travel and emergency assistance in your daily life as well as in emergency situations. You can access our services digitally or call our Assistance Centers.

### YOU ARE IN SAFE HANDS

Contact our multilingual nurses, doctors, logistics and security experts whatever your problem, wherever you are. Our advice is unlimited and it is free to call and speak to us. Collect calls are accepted.

**NOW THAT YOU HAVE YOUR  
MEMBERSHIP I.D. CARD,  
KEEP IT SAFE AND WITH YOU AT ALL  
TIMES.**

# 1

#### LOG ON

to [myportal.internationalsos.com](http://myportal.internationalsos.com) for health and security information and to sign up for health and security email alerts for your destination using your membership number or:

# 2

#### DOWNLOAD

the free Assistance App\* from [app.internationalsos.com](http://app.internationalsos.com) to contact us and help you make more informed travel decisions based on our online medical and security reports and country travel risk guides.

\*available on Android® & iPhone®.



**INTERNATIONAL SOS  
MEMBERSHIP I.D.**  
MEDICAL AND SECURITY ASSISTANCE  
  
**Habitat for Humanity International**  
Membership ID: 399GDA1079783IT  
Telephone: +1 215 942 8226

[Download your free Assistance App from app.internationalsos.com](http://app.internationalsos.com)

Call our medical and security experts 24/7.  
Call for preventive or emergency enquiries.  
Call before, during and after travel or assignment.

BALI	BANGKOK	BEIJING
+62 21 766 4633	+66 2 205 7777	+86 10 6462 9100
DUBAI	FRANKFURT	GENEVA
+971 4 601 8777	+49 6102 3588 100	+41 22 785 6464
HO CHI MINH CITY	HONG KONG	JAKARTA
+84 28 3829 8520	+852 2528 9900	+62 21 750 6001
JOHANNESBURG	KUALA LUMPUR	LONDON
+27 11 541 1300	+603 2787 3126	+44 20 8762 8008
MADRID	MANILA	MOSCOW
+34 91 572 4363	+63 2 8687 0909	+7 495 9376477
MUMBAI	PARIS	PHILADELPHIA
+91 22 42838383	+33 155 633 155	+1 215 942 8226
PHOENIX	SEOUL	SINGAPORE
+1 215 942 8226	+82 2 3140 1700	+65 6338 7800
SYDNEY	TAIPEI	TOKYO
+61 2 9372 2468	+886 2 2523 2220	+81 3 3560 7183

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**WORLDWIDE REACH.  
HUMAN TOUCH.**

[internationalsos.com](http://internationalsos.com)

# FROM FRANKFURT TO HO CHI MINH CITY, WHEREVER YOU ARE, WE ARE THERE TOO.



## WHEN DO I USE INTERNATIONAL SOS?

### PREPARE

Before you leave home.

- Keep your membership card safe and with you at all times
- Call an Assistance Center for free pre-travel information (i.e. vaccination, required medication and travel security concerns)
- Download the Assistance App, log in using your membership number to help you make more informed travel decisions based on our online medical and security reports and country travel risk guides
- Sign up for health and security email alerts

### WHILE ABROAD

All medical and security enquires, be they of a routine or medical nature.

- Free and unlimited health, safety, and security advice
- Find a local nurse, internationally-trained doctor or security specialist near you
- Find medication or medical equipment
- Travel advice on loss of travel documents or legal assistance
- Assistance paying your medical fees.

### IN AN EMERGENCY

We provide all necessary emergency services, including;

- Arranging medical transportation and care
- Monitoring your condition and provide advice along the way
- Evacuating you when necessary
- Contacting your family upon request, so they know you are in good hands.

## A GLOBAL INFRASTRUCTURE YOU CAN DEPEND ON:



#### ASSISTANCE CENTERS

With our local experts available globally, you can speak to us in any language, anytime 24/7.



#### MEDICAL PROFESSIONALS

Immediate access to experts with extensive experience in all fields of medicine coupled with a thorough knowledge of the local environment and healthcare system.



#### SECURITY SPECIALISTS

24/7 access to security reporting, analysis and expert advice from our security consultants, analysts and tracking experts around the world.



#### CLINICS

An integrated network of clinics around the world, practising international standards of medicine – mostly in emerging countries. Always contact an Assistance Center to confirm access to the International SOS clinic you would like to visit is included in your subscription.



#### ACCREDITED PROVIDERS

A network of accredited healthcare, aviation and security providers ensuring we provide you with the best logistics in the air, on the ground and at sea.

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HUMAN TOUCH.**

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